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Boston booze tax

Raising a glass. City council's proposal to tax liquor for substance abuse counseling raises vendors' ire, pleases drinkers. PAGE 02

The shelves at Charles Street Liquors on Beacon Hill. / NICOLAUS CZARNECKI, METRO

Walsh reverses ban on Olympic critics

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Red Sox shouldn't sell just yet on Betts

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2 'The 25 highest ranked companies for internships (according to the interns)'

3 'Eric Garner's daughter, Al Sharpton rebuke latest James O'Keefe video'

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Chris Petersen at Charles Street Liquors on Charles Street on Beacon Hill. / NICOLAUS CZARNECKI, METRO

Boston booze tax? No way, say packies

Liquor law. City Council mulling tax to fund substance abuse programs.

Local package store owners and restaurateurs have a simple message when it comes to the recently proposed Boston city tax on alcohol: Don't do it.

City Council President Bill Linehan and Councilor Frank Baker are pushing a 1 to 2 percent tax on all alcohol sold in the city.

The proceeds, from sales at package stores, bars, restaurants and supermarkets, would fund substance abuse prevention and treatment programs. The proposal is expected to be introduced at Wednesday's council meeting.

Retailers are furious.

"I think it's another disaster for the city of Boston," Chris Petersen, owner of Charles Street Liquors, said Tuesday. "It's going to drive business out of the city. You can't have it in one city. It has to be equal across Massachusetts."

Petersen also questioned whether the revenues would actually go toward helping those with addictions.

Linehan says the proposal is designed to "create a solution for the betterment of those suffering from crippling alcohol and drug addictions."

"As added revenue enters the public domain, our residents-in-need will be better equipped to get clean and sober and ultimately become valuable contributors to our local economy," he said

Frank Anzalotti, the executive director of the Massachusetts Package Stores Association, said he understands the councilmen's motivation, "but just picking an industry, and in this case a subset of an industry, just isn't the right way to go about it."

"You're going to hurt the retailer and hurt the consumer," he added, and worries other municipalities would follow.

Bob Luz, president of the Massachusetts Restaurant Association, said his group agrees with Gov. Charlie Baker that "we need to get past the common impulse to solve problems by imposing tax hikes on individuals and businesses."

Quoted

"That's the dumbest thing. At least they're not saying, 'It's to save the kids.' They always go after these sin taxes. It's a money grab, they just want more money to fund the city."

Chris Petersen, owner, Charles Street Liquors, on the idea of imposing a booze tax to fund substance abuse programs.

Visit **Metro.us** to read more about the proposed alcohol taxes.

DANNY MCDONALD
@DMacCash
daniel.mcdonald@metro.us

Quoted

"Two percent isn't that much. I probably wouldn't notice it. I suppose it's a good idea. You can't fund everything through gas and oil, after all."

Luke Stankowski, 30, works in finance, Boston resident

"That seems fair enough. I'm from Maine, where alcohol seems pretty heavily taxed, at least compared to Boston. We'd be closer to what other states are doing and it would go toward people who have problems with alcohol, people who are trying to fix themselves."

Walker Olinsky, 22, waiter, Boston resident

"I think it's good. I think we don't have enough people getting help who need it. I'm all about helping those who need the support."

Katrina Valenti, 21, waitress, Boston resident

The incident / PROVIDED

Brookline Library. There are many ways to park. This isn't one of them

An elderly woman attempting to park her car in front of the Brookline Library scored a spot a little too close to the building.

The Brookline Police Department released a photograph of the vehicle propped up at what appears to be a 45-degree angle on the side of a handicap ramp.

"Luckily no one was hurt as this car crashed backwards up on to the @brklib fence," Brookline police tweeted after the incident Monday.

Police said the woman, who was in her 70s, allegedly reversed too quickly after striking a car in front of her.

MORGAN ROUSSEAU

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Free speech. Mayor nixes Olympic 'muzzle clause' after ACLU criticism

Mayor Marty Walsh has removed "boilerplate language" from an agreement with the United States Olympic Committee (USOC) that critics said would have made city workers think twice before speaking against Boston's Olympic bid.

The ACLU had charged the city was trying to curb free speech.

The so-called joinder agreement included language that prohibited city employees from making statements that "reflected unfavorably" on the Olympics. Walsh called the line "boilerplate language" then — and again in announcing the change Tuesday.

Sarah Wunsch, deputy director for the ACLU Foundation of Massachusetts said she was glad the city removed the language but feared the damage was done.

"I hope that the employees don't still feel afraid, it's hard to undo that kind of fear," she said. DANNY MCDONALD

Georgetown

Gas leak blamed on snow and ice

A serious gas leak that prompted Monday's evacuation of the Longview Apartments complex in Georgetown was caused by snow and ice, fire officials said.

The build-up of water runoff from melting snow weighed down on a gas meter manifold, causing it to snap under the surface of the dirt.

National Grid crews arrived within a half hour and had the gas shut off within 10 minutes of their arrival. METRO

We spoke with Stoughton man who bowled a 900

Bowler Hakim Emmanuel at Westgate Lanes in Brockton.
NICOLAUS CZARNECKI, METRO

Interview. Hakim Emmanuel talks about his game.

Hakim Emmanuel is an MBTA inspector by day and a bowling hero by night. The Stoughton right-hander coolly delivered his 36th consecutive strike during the Thursday Night Patriots Doubles league at Westgate Lanes in Brockton, making him the 26th bowler in history, and the first in the Bay State, to record a perfect series. The achievement is pending certification by the United States Bowling Congress and would be the 27th USBC-approved 900.

Emmanuel answered a few questions for Metro:

Did you plan on bowling a perfect game?
I definitely did not expect this to happen. It was just a regular night. I had no intention in my mind of bowling a perfect game. It's a major feat. I don't even know if I'll come close to doing it again. It's just so difficult to do.

What goes through your mind each time you step up to the lanes?
Before I bowl I just sit down and prepare myself mentally for the next shot. At that point I just try to throw the ball, get a clean release and put the ball in play. I don't have any special rituals.

Do you take your dates to the bowling alley?
I have actually taken a date to the bowling alley. That has happened. But usually it's just me solo and my teammates.

MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

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Crime

Protesters not blocked from marathon trial

Protesters who say they support the accused Boston Marathon bomber will be allowed to demonstrate outside his trial, a U.S. judge ruled on Tuesday, denying a request by the defendant's lawyers to stop the assemblies.

In a brief electronic ruling, U.S. District Judge George O'Toole denied the request that attorneys for Dzhokhar Tsarnaev made in late December, saying that the small groups seen around the courthouse advocated "various conspiracy theories" about the bombings but did not speak for their client.

A small group of protesters have been an irregular presence outside the federal courthouse. Some say Tsarnaev is innocent and the attack was orchestrated or faked by government agencies.

REUTERS

Hernandez trial. Ex-NFL star's fiancée looked nervous on day after murder

Former New England Patriots tight end Aaron Hernandez's fiancée was visibly nervous the day after an associate of the ex-NFL star was slain, a woman who cleaned Hernandez's Massachusetts home testified on Tuesday.

Hernandez's fiancée, Shayanna Jenkins, spent time on the telephone, peeking out the window and crying after hauling away a large trash bag in the trunk of a red car, Carla Barbosa, 31, a native of Brazil, testified at Massachusetts Superior Court in Fall River.

"She was nervous, she was walking back and forth," said Barbosa, who added that police were outside when she left the house on June 18, 2013, a day after Odin Lloyd's bullet-riddled body was found in an industrial park near Hernandez's home.

Hernandez is accused of fatally shooting Lloyd, a semi-professional football player who had been dating Jenkins' sister.

Earlier that day, Barbosa testified, she saw Jenkins carry a large trash bag out of the home.

"It was held close to her, she had her arms around it," she said in Portuguese, which was translated by an interpreter.

Jenkins has pleaded not guilty to perjury charges for lying to a grand jury. She was granted immunity recently.

REUTERS

Former NFL player Aaron Hernandez at his arraignment last year. / POOL PHOTO

The charges

Prosecutors contend Hernandez and two friends, Ernest Wallace and Carlos Ortiz, picked up Odin Lloyd at his Boston home, before driving him to the North Attleborough industrial area where his body was found. Lloyd, 27, had been shot six times.

MEET HARRY AND SALLY AGAIN FOR THE FIRST TIME

Last week, readers voted for their favorite "meet-cute" in the annual Romance Rumble. This year's winning film is **"When Harry Met Sally."** You can attend a special screening of the comedy on Feb. 25 at Theatre 1 at the Revere Hotel Boston Common.

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Five things you need to know

1 California commuter train, truck collide, 51 injured

A Los Angeles-bound commuter train slammed into a tractor trailer stopped on the tracks in Oxnard, California, during the morning rush hour on Tuesday, injuring 51 people, several critically, authorities said.

The truck driver fled on foot following the crash and was taken into custody several miles away, Oxnard City Fire Department spokesman Joe Garces said. Garces said it was not yet clear if the driver would face charges.

The fiery collision just before 6 a.m. in Ventura County, northwest of Los Angeles, overturned three double-decker Metrolink rail cars. Two others derailed but remained upright.

Authorities said the train, which had been traveling at 79 miles per hour, had used an emergency braking system before hitting the truck. **REUTERS**

A firefighter hoses down hot spots after the accident. /GETTY IMAGES

2 US won't file charges against Zimmerman

The U.S. Justice Department said on Tuesday it will not file civil rights charges against George Zimmerman, a Florida neighborhood watch volunteer who fatally shot unarmed black teenager Trayvon Martin in 2012.

The department said it had not found sufficient evidence that Zimmerman intentionally violated the civil rights of Martin, 17.

The announcement comes as the Justice Department also investigates Darren Wilson, a police officer who shot and killed unarmed black teenager Michael Brown in Ferguson, Missouri. **REUTERS**

3 Facebook counts 2 million active advertisers

Facebook said on Tuesday that its active advertisers rose to 2 million, a 33 percent increase from the 1.5 million it had in July 2014.

The vast majority of the advertisers, defined as those that have placed an ad on the social media platform in the last 30 days, represent small- and medium-size business owners.

Facebook also launched a mobile app for advertisers to use to manage their campaigns. **REUTERS**

4 60 cyberthreat groups linked to nation-states

The FBI is aware of 60 different cyberthreats groups linked to nation-states, a senior bureau official said on Tuesday.

Joseph Demarest, head of the FBI's cyber crime division, also said the bureau learned within a month of Sony Pictures' first report of a cyberattack that North Korea was behind it.

The FBI and U.S. State Department also announced a $3 million reward for information leading to arrest of Evgeniy Bogachev, who is charged in the U.S. with running a computer attack network called GameOver Zeus that allegedly stole more than $100 million from online bank accounts. **REUTERS**

5 Conservatives urge Boehner to hold firm on immigration

Conservative Republicans urged House of Representatives Speaker John Boehner not to capitulate in a fight with Democrats over President Barack Obama's immigration policy that threatens a partial Homeland Security shutdown.

The conservative lawmakers, led by Representative Jeff Duncan, circulated a letter to Boehner and other House leaders telling them to hold the line in opposing Obama's executive actions shielding millions of undocumented immigrants from deportation, a Duncan aide said on Tuesday. **REUTERS**

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Obama vetoes Keystone XL pipeline bill in Senate

Keystone XL. Obama has played down their ability to create jobs and raised environment concerns.

President Barack Obama on Tuesday swiftly delivered on his vow to veto a Republican bill approving the Keystone XL oil pipeline from Canada, leaving the long-debated project in limbo for another indefinite period.

The Senate received Obama's veto message and Senate Majority Leader Mitch McConnell immediately countered by announcing the Republican-led chamber would attempt to overturn the veto by March 3. Obama rejected the bill hours after it was sent to the White House. Republicans passed the bill to increase pressure on Obama to approve the pipeline, a move the president said would bypass a State Department process that will determine whether the project is in the national interest.

Republicans, who support the project because of its job-creation potential, made passing a bill a top priority after gaining control of the Senate and strengthening their majority in the House of Representatives in fall elections.

Demonstrators hold signs as they protest the Keystone XL pipeline in San Francisco, California. / GETTY IMAGES

Quoted

"Through this bill, Congress attempts to circumvent long-standing and proven processes for determining whether or not building and operating a cross-border pipeline serves the national interest."

Obama wrote in his veto message

The bill passed by 270-152 in the House earlier this month and cleared the Senate in January. Despite their majority in the Senate, Republicans are four votes short of being able to override Obama's veto.

They have vowed to attach language approving the pipeline to a spending bill or other legislation later in the year that the president would find difficult to veto.

The TransCanada Corp pipeline would carry 830,000 barrels a day of mostly Canadian oil sands crude to Nebraska en route to refineries and ports along the U.S. Gulf. It has been pending for more than six years.

Obama, who rejected the bill hours after it was sent to the White House, said the measure unwisely bypassed a State Department process that will determine whether the project would be beneficial to the United States.

"Through this bill, the United States Congress attempts to circumvent long-standing and proven processes for determining whether or not building and operating a cross-border pipeline serves the national interest," he wrote in his veto message. **REUTERS**

Monitor reports. Islamic State in Syria abducts at least 90 Christians

Islamic State militants have abducted at least 90 people from Assyrian Christian villages in northeastern Syria, a monitoring group tracking violence in Syria said on Tuesday.

The British-based Syrian Observatory for Human Rights said they carried out dawn raids on rural villages inhabited by the ancient Christian minority west of Hasaka, a city mainly held by the Kurds.

Syrian Kurdish militia launched two offensives against the militants in northeast Syria on Sunday, helped by U.S.-led airstrikes and Iraqi peshmerga.

This part of Syria borders territory controlled by Islamic State in Iraq, where it committed atrocities last year against the Yazidi religious minority.

Islamic State did not confirm the kidnappings. Supporters posted photos online of the group's fighters in camouflage attire looking at maps and firing machine guns. The website said the photos were from Tel Tamr, a town near where the Observatory said the abductions occurred. **REUTERS**

Border clash

Chadian soldiers kill 207 Boko Haram fighters in Nigeria

Soldiers from Chad deployed as part of operations against Boko Haram killed 207 militants in fighting on Tuesday near a Nigerian town close to the border with Cameroon, Chad's army announced in a statement.

One Chadian soldier was killed and another nine were wounded in the clashes near Garambu, the scene of regular attacks by the Nigerian Islamist group in recent months. There was no immediate independent verification of the Chadian army's announcement.

Chad's military also claimed to have seized large quantities of small arms and ammunition and two pick-up trucks.

Niger, Cameroon and Chad have launched a regional military campaign to help Nigeria defeat the Boko Haram insurgency, which aims to carve an Islamic emirate out of northeastern Nigeria.

Chad deployed troops last month in support of Cameroonian efforts to stop repeated cross-border raids by the Islamists, whose operations increasingly threaten Nigeria's neighbors. **REUTERS**

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Zendaya has perfect comeback to 'Fashion Police' hair comments

OK, two things: One, Disney star Zendaya Coleman looks amazing. And two, "Fashion Police" pundit Giuliana Rancic is not a very good comedian. While critiquing looks from the Oscars red carpet, Rancic had this to say about Coleman's long, luxurious dreadlocks: "This hair, to me, overwhelms her. I feel like she smells like patchouli oil. Or weed! Yeah, maybe weed?" Yikes.

Well, naturally, Coleman wasn't too pleased, and she registered her displeasure in a lengthy and well-reasoned rebuttal on Twitter. "There is a fine line between what is funny and disrespectful. Someone said something about my hair at the Oscars that left me in awe," Coleman wrote. "To say that an 18-year-old young woman with locs must smell of patchouli oil or 'weed' is not only a large stereotype but outrageously offensive." She then went on to point out numerous other notable people who don dreadlocks. Rancic, for her part, tweeted that she was totally not referencing race but instead was making fun of bohemians. But man, what did bohemians ever do to her?

ALL PHOTOS GETTY IMAGES

Viewers not pleased with Bobby Brown's BET Awards appearance

Bobby Brown popped up on the broadcast of "The BET Honors" Monday night, which seemed a little strange to some viewers watching at home — you know, since his daughter is currently in the hospital fighting for her life and all. A few even took to Twitter to admonish Brown for getting his priorities mixed up, posting complaints like "Bobby Brown, get [your] damn ass back to the hospital." Here's the thing, though: The awards show — which also featured a surprisingly eloquent and entertaining speech on racism from Kanye West — actually took place on Jan. 24, a full week before Bobbi Kristina was hospitalized. So everybody just ease off, OK?

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

'Magic Mike' sequel messing with Sofia Vergara's wedding plans

Maybe the upcoming "Magic Mike" sequel, "Magic Mike XXL," isn't purely a source of goodness and happiness after all, because it's really mucking up Sofia Vergara's plans to tie the knot with Joe Manganiello. "We wanted to get married this summer, but Joe will be busy working and promoting 'Magic Mike 2,'" she tells Page Six. "We want to get married at a time when we can get away and make time for a honeymoon, so the wedding will probably be later this year." So, you know, your summer is now free. Enjoy!

Kate Middleton could grace the Vogue September issue

As is common knowledge, the September issue of Vogue is a very big deal. Possibly the biggest deal in the fashion bible's year. So it's probably not that surprising that Anna Wintour has set her sights on Kate Middleton for the cover this year. "In the digital age, there is even more pressure to deliver huge sales numbers. Anna knows landing Kate for the September issue would be a huge coup, especially since Prince William's wife has never done a magazine feature for a U.S. publication," a source tells Radar Online. "Anna has been trying for the last two years to get Kate to agree, and she's always refused. But this time, Anna has stepped up the campaign and is now enlisting her numerous high-powered connections." Stay tuned.

Daily video

ADI SHANKAR, YOUTUBE

Whoa, whoa, Powers Rangers

We live in an age of gritty reboots, so this seemed kind of inevitable. Director Joseph Kahn ("Torque," "Detention") brings the goofy, kid-friendly "Mighty Morphin Power Rangers" into that age in a dark, action-filled but thoroughly tongue-in-cheek 14-minute short called "Power/Rangers" starring Katee Sackhoff and James Van Der Beek because sure, why not? Even the theme tune gets a dirty dubstep revamp. But you know, as gritty and realistic as you make it and as bloody as it can get, the uniforms still look pretty silly.

2 CULTURE

Twitter feed

Today, Conan O'Brien has some bad news for you, Kelly Osbourne ain't having it, Whitney Cummings is turning to technology, Victoria Beckham knows how to party and Bette Midler has some fiscal policy suggestions.

@ConanOBrien: That unreleased book by Dr. Seuss they just discovered proves that Fifty Shades of Grey was completely plagiarized.

@KellyOsbourne: I WILL NOT BE DRAGED INTO THIS! The situation is being rectified like ADULTS by both parties. I hope you can leave it to them & do the same!

@WhitneyCummings: Anyone know of an app that will change my nature?

@victoriabeckham: I'm very excited about my new leopard flats!!!

@BetteMidler: The #Koch brothers and @GOP spending $1.5 billion on the next election. It'd be cheaper to start a Republican colony in space at this point.

Which sitcom crew should you hang out with?

If you can't hang out with the friends of "Friends," there are still plenty of options. / GETTY IMAGES

With the success of "Friends," networks have been trying to capitalize on the entertainment value of a bunch of witty people hanging out together ever since. Some didn't last too long, but others have thrived. The only problem is, how do you decide which is the best one for you? We've designed this quiz to help you figure out which crew you should be hanging out with every week. **LISA WEIDENFELD**

1 Who do you like hanging out with?

a. My BFF.
b. My boyfriend and our respective friends.
c. My roommates.
d. A group of people who share my interests.

2 When I date

a. Who said anything about dating? Stop trying to pin me down.
b. My relationship is very stable, but my friends are too dysfunctional to be in one.
c. I might date a roommate and regret it.
d. Date? I've been in love with the girl next door for a while now.

3 I would describe my friends as

a. The most beautiful, wonderful people I know.
b. Funny, but they're no Mother Teresa.
c. 30-somethings still trying to figure life out.
d. Huge nerds. Just huge.

4 My ideal night out is

a. Aiming for something huge! It doesn't matter if it doesn't work out perfectly, though.
b. Trying to get into a trendy new restaurant or having a competition with my friends.
c. Hanging out at the bar where a few of my friends work.
d. One word: gaming.

5 In 10 years, I'll be

a. Same as now: Rockin' it and living my best life.
b. I might have kids, unless I'm still thinking about whether or not I want kids.
c. Running a local school, but probably still living with friends.
d. Teaching at a university.

6 In your job, you

a. Just pass the time until 5 p.m.
b. Work hard, but not everyone in my circle does.
c. I've changed careers a few times, but I think I've got it figured out this time.
d. Do something complicated and technical.

7 How's your living situation?

a. A work in progress.
b. I have my own place, and it's nice.
c. I live with all my friends, just like on "Friends."
d. I'm trying to transition from living with friends to living with a partner.

Mostly A answers:

LANE SAVAGE

'Broad City'

You want to hang with the gals of "Broad City." You may not be setting the world on fire professionally, but that doesn't matter as long as you've got your best friend with you. You two are on top of the world, no matter where you are.

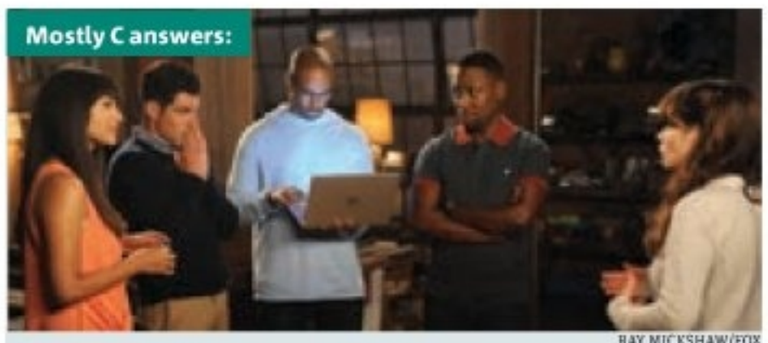
Mostly B answers:

NBCUNIVERSAL MEDIA, LLC

'Marry Me'

You want to hang with the misfits of "Marry Me." You and your friends have known each other for a while, and that's part of what makes hanging out so fun. You can generally get up to some trouble with them, even though you should know better.

Mostly C answers:



RAY MICKSHAW/FOX

'New Girl'

You want to hang out in the loft on "New Girl." You're still figuring things out, but that's fine, because your friends will support you no matter what. You can always count on them to cheer you up with a fun drinking game.

Mostly D answers:

WBEI

'The Big Bang Theory'

You want to nerd it up on "The Big Bang Theory." You and your friends may not know the latest trends, but you always have fun anyway. You know plenty of sci-fi trivia, and you don't care who knows it.

Rules for cohabitation

Tips. Moving in with your significant other? Here's how to avoid the drama.

Are you and your significant other taking the plunge and moving in together? Before you start plotting where to hide his vinyl collection, read ahead. Interior designer Christa O'Leary, who just happens to also be a marriage and family therapist, offers these tips for stress-free cohabitation.

Have a conversation about what kind of space you want to live in before moving in together. / ALL PHOTOS ISTOCK

Clear communication

To blend two different lifestyles together with the least amount of friction, O'Leary recommends clearly communicating needs and making compromises before unpacking boxes.

"You should have a good understanding of how you like to keep your place but also how your partner does," O'Leary explains. "If your partner is a messy person that leaves his underwear on the floor and you're the person who needs to have a very organized environment, it's going to cause issues in your relationship."

Her solution is to be clear about what you want. "Talk about your needs," O'Leary says, "[like] quiet space before going to bed, very organized space, etc. Communication is key."

Unplug in the bedroom

"I highly recommend that people don't have a TV in the bedroom because the bedroom is a sanctuary for communication and intimacy," says O'Leary. "And if you have things such as a TV or computers or iPhones, that is a distraction away from a couple being able to connect."

Get on the same design page

Before buying that shabby chic sofa or obnoxiously large flat-screen, discuss your style with your significant other. Create a folder or Pinterest board with images of interiors you like. Then, go over your design vision, needs and wants with each other says the expert. "It helps to get a sense of what is going to work for both people because it's really important to make sure that when couples are moving in together or are designing a space together, that they both really love the space," she explains. "Our environments nurture and support, so you don't want a situation where it supports one person and not the other."

Women don't make all the design decisions

"Men are much more into designing than they have ever been before," says O'Leary. "And it's just really important for a couple to understand that there should be a balance between masculine and feminine energy to support both people."

JOANNE REINARD
@ MetroBOS
letters@metro.us

PLUS

Teamwork

When renovating

"Communication, and having a plan in place, is key," stresses O'Leary, who says a renovation can really bring out the worst in a relationship. "So before the renovation project begins, it is important to set expectations like who's in charge of what. And also have a clear expectation around the schedule," she says.

Housing. With new living options, Quincy is becoming a hip choice

Until recently, Quincy was unlikely to be on anyone's hip-place-to-live list. But when local developers Damian Szary and Kyle Warwick, co-principals of Gate Residential, were approached by Quincy Mutual Fire Insurance Company to helm a new apartment building in Quincy Center, they jumped at the chance.

"When Quincy Mutual reached out to us, we saw it was a great fit," says Warwick. "There's both easy proximity to the Red Line and the Commuter Rail, which are a block and a half away from Quincy Center. What with the infrastructure, it works for our demographic of 25- to 30-year-olds."

Split into two phases — West of Chestnut and East of Chestnut — Gate Residential will bring 400 homes to Quincy Center. West of Chestnut breaks ground in February and is projected for completion in April 2016. Rents, says Warwick, should be "south of $2,000 for a one-bedroom."

Straddling Chestnut and Hancock Streets, the building will offer 169 apartments in a six-story building that will include a cafe, a fitness center, a dog-washing station, a media room, a yoga studio and an outdoor courtyard.

LINDA CLARKE

Are you ready to move to Quincy? / GATE RESIDENTIAL

Revitalization

Beyond housing

The $100 million residential and commercial project to redevelop Quincy Center also includes the renovated Quincy Center MBTA station, the newly remodeled City Hall and the planned Adams Green Park. With its central position, there's a lot riding on the success of West of Chestnut. "We're contracted for West of Chestnut. If that's successful, then we move to phase two," says Szary. "What happens with this development is pivotal to the successful redevelopment of Quincy Center."

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Spring forward with flowers

Expert tips

Want to brighten up a dreary winter day with colorful blooms? Here are three things to keep in mind at the florist.

- **Buy local:** "Always buy flowers from a Real Local Florist," says Heller (referring to a florist organization). "They have access to the freshest, widest variety and can suggest flowers that might suit the occasion."
- **Don't stick with the same old:** "Never be afraid to try something new — it might become your new favorite!" she says.
- **Black is not chic when it comes to flora:** "Avoid any flowers that look brown or shriveled," Heller warns. "Foliage should not be discolored, brown or black."

Tulips

What's in season

You can buy a bouquet of any flowers you have your heart set on, any time of year — but it's not going to be cheap.

"Some things — like peonies — you'll get a better value on in May and June," Heller says. "But if you want them now, we can get them."

On the snowy East Coast, Heller's shop is filled with sunflowers, roses and lilies from Ecuador, protea from California, and mini amaryllis from Canada.

But if you prefer to stick with season-appropriate (and less expensive) choices, Heller says go for tulips: "Tulips are in full flush. This is tulip season."

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The Philadelphia Flower Show attracts 260,000 visitors every year.
R. KENNEDY FOR VISIT PHILADELPHIA

Bouquet. A florist from the biggest indoor flower show in the world shares her tips.

Robin Heller's display for the weeklong Philadelphia Flower Show, touted as the world's largest and oldest indoor flower show, includes more rats than you might imagine.

The theme for this year's show is Celebrate the Movies. Heller's shop, Flowers By David, is participating for the 19th time.

The display conjures "Ratatouille," with flowers woven into scenes of sewers, a kitchen, a restaurant, an 11-foot-tall lit-up Eiffel Tower and plenty of plush rodents.

"We like to have a sense of humor — we consider ourselves the stand-up comics of the horticultural world," jokes Heller, who owns the Langhorne, Pennsylvania, shop with her husband, David.

The couple looks forward to the show, which attracts 260,000 visitors, because it gives them a chance to go bigger than the usual client requests.

"None of our clients are going to order something that's $1,000 for an arrangement," she says, "but here we get to play."

Q&A

What advice would you give for creating a flower arrangement?

"The best advice is to work clean!" Heller says. "Clean container, clean knife or scissors, clean water. Remove all foliage below the water level and keep changing the water. It will double the life of your floral purchase."

ROBIN & DAVID
PROVIDED

RACHEL VIGODA
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4 TRENDY FOODS TO ADD TO YOUR MENU

Peppers punch up sweet and savory dishes – and your health, too. / ISTOCK

The food world is much like the fashion world — what's en vogue is constantly changing, and there's a new flavor of the month every, well, month. Don't get caught with an unfashionable plate. Instead, fill it up with these four popular picks.

$22.49 FOR 15 OZ., MELISSAS.COM

Kale sprouts

This offspring of kale and Brussels sprouts contains all the nutrients found in both of its superfood parents, including bone-building vitamin K and immunity-boosting vitamin C. Plus, there are so many tasty ways to enjoy them, whether you grill, saute, roast or eat them raw. Kale sprouts are man-made, but the non-GMO veggie was created through natural cross-hybridization.

Hot foods

Hot sauce took the food world by storm last year, and it's only getting hotter. You'll find spicy peppers, seasonings and sauces in everything from popcorn to ice cream! I love this trend because it's a great way to kick up the flavor without adding extra fat, calories, sugar and/or salt to recipes. Plus, the heat has been shown to kick up metabolism and dampen appetite. Easy ways to spice things up: Add sriracha to mac and cheese, sprinkle cayenne in tomato soup, or add a few dashes of hot sauce into your scrambled eggs or morning omelets.

Joy's Healthy Bite

JOY BAUER

WWW.JOYBAUER.COM

Find NBC's Today Show wellness expert on Twitter and Instagram (@joybauer), and check out her new, delicious snack line at NourishSnacks.com

Versatile

HEIN VAN TONDER

Cauliflower

If you've relegated this versatile veggie to steamed side dish, boy, are you missing out! It has the ability to take on so many flavors — from creamy to crunchy and nutty to sweet — and different shapes, too, from cauliflower pizza crust to cauliflower mashed "potatoes"! With only five grams of carbs and an impressive three grams of fiber, it's easy to see why this has become a popular low-calorie stand-in for fattening comfort foods.

$6.99 PER POUND, NUTS.COM

Kaniwa

Move over quinoa, there's a new grain in town. Kaniwa (ka-nyi-wa), a pseudo-grain, offers many of the same nutrient perks (it's high in protein, fiber and iron, and is also gluten-free) and similar flavor as quinoa, but it's easier to use. That's because it's smaller in size and doesn't contain quinoa's saponins, a soap-like compound you need to rinse off before eating. You can find it online or in health food stores and use it much like you would quinoa: mixed into a grain salad or added to a green salad. You can also enjoy leftovers the next morning, just as you would a bowl of oatmeal.

Walk better. Why you should write yourself a prescription for high heels

Fashion Week saw towering models look even more imposing by putting them on foot-sized pedestals. But when it comes to high-heel shoes, they shouldn't be confined to the catwalk.

"My advice to any woman would be to stand up straight and wear high heels," says spine surgeon Dr. Alfred O. Bonati. "I think that is probably the best exercise women can have."

Here's why: Walking essentially on tiptoes is an exercise that strengthens your feet over time. The elevation changes your gait because you're forced to hold your knees and back straight, which takes the impact off your spine.

Flat shoes may only seem more comfortable in the short term. "When you walk with flat shoes, you go heel first, and that pressure goes directly from the heel to the back of the leg up to the back," he says.

Tall women, who tend to wear flat shoes all the time, often complain of having a lot of back pain. But shorter women (up to 5'6") tend to walk around in high heels from an early age. "They develop a fantastic sexy walk, a bounce to their walk, because what they are doing is, they are using the knee, reducing the impact on the back," he explains. High heels also tend to lead to hip-swaying, which cuts down on stress for the pelvis and sacroiliac joint, located just above the tailbone.

Walking in them may take some practice, but heels are worth it. / GETTY IMAGES

Bonati recommends a minimum 3-inch heel, "though 4-5 inches is the most effective." And save up for brand-name shoes. "You cannot just have high shoes from a mediocre builder because what happens is the arch support is going to collapse, the pressure is going to be all on the heel and you're going to develop a heel spur or damage the metatarsals."

And yes, he has a recommendation: Jimmy Choos. "It's not only a beautiful shoe — it fits like a glove." EVA KIS

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April 2015	Site
Wednesday 1	Joseph Smith Community Health Center – Allston
Thursday 9	Southern Jamaica Plain Health Center
Tuesday 14	Bowdoin Street Health Center
Wednesday 15	Joseph Smith Community Health Center – Allston
Thursday 16	Neponset Health Center
Thursday 23	The Dimock Center
Tuesday 28	Bowdoin Street Health Center
Wednesday 29	Joseph Smith Community Health Center – Waltham

May 2015	Site
Tuesday 12	Bowdoin Street Health Center
Wednesday 13	Joseph Smith Community Health Center – Allston
Thursday 14	Neponset Health Center
Tuesday 19	South End Community Health Center
Wednesday 20	The Dimock Center
Thursday 21	Manet Community Health Center – Hull, MA
Tuesday 26	Bowdoin Street Health Center
Wednesday 27	Joseph Smith Community Health Center – Waltham

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Se Habla Español
Nou palé Kreyòl

Five Ways to Reduce Skin Cancer Risk this Winter

Whether you're escaping the chill with a tropical vacation or skiing the slopes, sun safety is still important in the winter months. Because UV rays can be harmful even in frosty temperatures, protecting your skin is a year-round responsibility.

Allison Goddard, MD, of Dana-Farber/Brigham and Women's Cancer Center for Skin (Cutaneous) Oncology, shares some wintertime sun safety tips to protect your skin and lower your risk for developing skin cancer:

Remember to apply lip balm with SPF 30 or higher

1. Look for sunscreen with an SPF of 30 or higher.

Apply to all exposed areas of skin, including neck, ears, and hands, and reapply every hour and a half that you are outdoors.

2. When skiing, remember you are much closer to the sun, and UV radiation will be even more intense.

Use UV protective sunglasses and ski goggles, and don't forget the sunscreen.

3. Apply lip balm with SPF 30 or higher,

and use makeup with SPF for added protection. The lower lip, in particular, is very vulnerable to the sun's rays.

4. Don't use indoor tanning booths to work on a "base tan" before a sunny winter getaway.

This exposure does not protect your skin from harmful UV rays, and, more importantly, it actually increases your risk for skin cancer as well as premature skin aging. Studies have found a nearly 60 percent increase in the risk of melanoma with exposure to UV radiation from indoor tanning. The risk of melanoma, as well as non-melanoma skin cancer, increases with each use.

5. Use a wide-brimmed hat and sunglasses when traveling to warmer climates.

There are many fun and fashionable clothing cover-up options available with built in UPF sun protection. They can be worn in and out of the water and provide excellent protection.

"Be smart about your exposure. Do the activities that you love to do but minimize exposure by performing the activities and protecting yourself.

To learn more about Dana-Farber visit www.dana-farber.org.

Dana-Farber Cancer Institute is a principal teaching affiliate of the Harvard Medical School and is among the leading cancer research and care centers in the United States. It is a founding member of the Dana-Farber/Harvard Cancer Center, designated a comprehensive cancer center by the National Cancer Institute. Follow Dana-Farber on Facebook: www.facebook.com/danafarbercancerinstitute and on Twitter: @danafarber.

Horoscope

♓ Pisces | Feb. 19-March 20
Find a quiet corner and get your work done without entering into a stressful dispute. Your attention to detail will ensure that you complete your tasks.

♈ Aries | March 21-April 20
Your honest, open manner and true concern for others make you a trusted confidant. Do something special for someone who has been there for you in good times and bad.

♉ Taurus | April 21-May 21
Consider the motives of someone who wants you to loan out or invest your hard-earned cash. A foolhardy joint financial venture will cause serious setbacks.

♊ Gemini | May 22-June 20
You'll have to work hard to get things going. Dwelling on emotional issues will lead to depression. Take a mental health day, go out for a walk or do something you enjoy.

♋ Cancer | June 21-July 22
Don't get drawn into the rumor mill, and avoid repeating negative or uncomplimentary comments. Gossip will not help you make gains, but it will put you in an awkward position.

♌ Leo | July 23-Aug. 22
Step into the limelight with confidence. Your suggestions will have a powerful impact on those around you, and you will be able to gain valuable support for your plans

♍ Virgo | Aug. 23-Sept. 22
Deception is apparent. Someone will try to undermine your credibility. Be prepared to fight for what is rightfully yours. Work alone for now.

♎ Libra | Sept. 23-Oct. 22
You are thirsty for knowledge. Attend informal events or seminars that will give you insight into different cultures and philosophies. The people you meet will figure prominently in your future.

♏ Scorpio | Oct. 23-Nov. 21
You will be asked to help with someone's financial or legal matters. You will gain confidence and contentment knowing that you are doing something nice for someone.

♐ Sagittarius | Nov. 22-Dec. 21
Partnerships look promising. Show what you can bring to the table and find out how far you can go, based on the sum total of your and your counterpart's contributions.

♑ Capricorn | Dec. 22-Jan. 20
The more you do to help those in need, the more recognition and satisfaction you will receive. You have what it takes to get the work done in a timely manner.

♒ Aquarius | Jan. 21-Feb. 18
Get out and have a good time with a friend or lover. Lively activities will provide a welcome diversion from everyday pressures and tension. EUGENIA LAST

Letters to the editor

Fast food could be instrument to fight superbugs

McDonald's could be a catalyst for change in the fight to save antibiotics. For decades, antibiotics have been fed to food animals on a daily basis in order to accelerate growth and prevent disease, even when they are not sick. The Centers for Disease Control says that this practice has contributed to the creation of antibiotic-resistant bacteria known as superbugs, which infect 2 million Americans each year. McDonald's is one of many restaurants that serve meat raised with antibiotics, but it is also one of the largest, providing food for 1 percent of the global population each day. If they switched to meat raised without antibiotics, it would be the equivalent of banning antibiotics in meat production in a small country. The company could lead the way for meat producers and other food giants to start thinking about changing their practices too. In turn, those notorious golden arches could be an agent of positive change, and their public image could be changed for good.
MARIE-SOPHIE IREDALE

Adopt beagles

Re: 'Four reasons a beagle may not be good for you' (Metro, Feb. 20) Always great to read any insights by Dr. Serpell. However, the author missed a prime opportunity to promote beagle adoption instead of buying from a breeder! Sadly, sweet, gentle, affectionate beagles are one of, if not the top breed used in medical research labs because of their temperment. I've had several very sweet rescue beagles over the years. There are so many, wonderful, loving beagles in local rescues just waiting for a home. Rescues and shelters can be found through Petfinder. Please, please adopt, don't buy, your pets!
DONNA ROHNER, VIA EMAIL

letters@metro.us
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

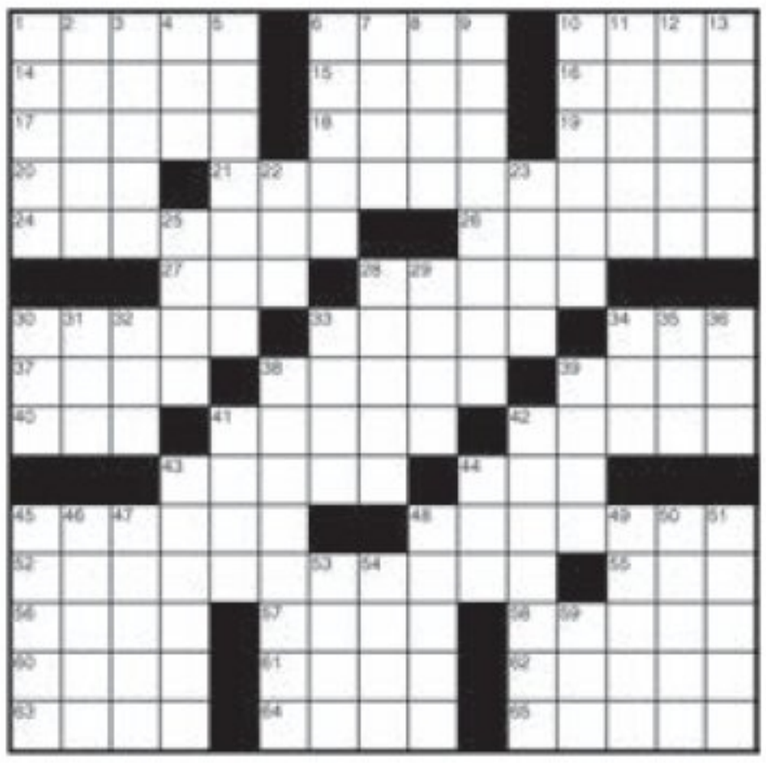
Sudoku: Easy and hard

			1		2	3	9	
3			6		9	1		
6		9						2
8	3	7					5	
				2				
	9					8	6	4
7						9		5
		2	5		7			3
	6	5	2		8			

					4		2	6
	7			1		5	9	3
								4
			2		5	9	4	7
	4						8	
9	5	2	4		7			
8								
4	9	1		6			3	
3	2		9					

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across
1 "Be quiet!"
6 Friday portrayer
10 Not all
14 Rigid
15 Jackrabbit
16 Sheik colleague
17 Hoosier Poet
18 Aloud
19 Go wild about
20 A mean Amin
21 They're self-propelled (var.)
24 Many a watchdog (2 wds.)
26 Perches
27 Come-ons
28 Zorba portrayer
30 Mr. Haggard
33 Fast sleds
34 Riviera summer
37 Invoice stamp
38 Touchdowns
39 Funny – Lebowitz
40 Warm greeting
41 Bothersome
42 Injured at Pamplona
43 Beatrice's admirer
44 Promissory note
45 Untamed
48 Walks the beat
52 Old saloon amenity (2 wds.)
55 Legume
56 — facto
57 Yorkshire river
58 Like the flu
60 After that
61 West Coast sch.
62 Wipe a hard drive
63 Relieve
64 Penn or Connery
65 Adjust the length

Down
1 Bacon unit
2 Fictional orphan
3 Totally dark
4 Compass dir.
5 Beatles tune (2 wds.)
6 "— Stop The Rain"
7 Countess's spouse
8 Laugh loudly
9 Steeples
10 Individual
11 Ranis' servants
12 Bolt for a girder
13 Curly lock
22 Loop trains
23 Na+ and Cl-
25 Like worn tires
28 Tremble
29 Hostile, as a crowd
30 Radar-gun info
31 Perfume label word
32 18-wheeler
33 Took a beating
34 Slip up
35 — kwon do
36 Conclusion
38 Lavish
39 Trey topper
41 Flyleaf
42 Climbed the fence (2 wds.)
43 The very beginning (2 wds.)

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

44 Oddjob's creator
45 Malice
46 Omega opposite
47 Flower holders
48 Joyous outburst
49 Winfrey of TV
50 Pay to use
51 Witch-hunt locale
53 Eggplant color
54 Cuba, to Castro
59 Fury

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Certified Audit CAC of Circulations

Keeping Betts a safe bet

MLB. Giving up Mookie Betts for Cole Hamels is far from a no-brainer.

Mookie Betts may headline a trade package for Phillies pitcher Cole Hamels.

Many people these days seem to think it's a no-brainer to make that deal, but should the Red Sox really want to give up Betts, one of the more talented young players in the organization?

Sure, Betts was a fifth-round pick and not as hyped as some other prospects until last year, but the people who seemingly have no problem dealing him away seem to be overlooking what he's accomplished and proven the past few years.

How about how he tore up the minor leagues, including an unearthly on-base streak? From 2013-14 (between High-A Salem and Double-A Portland) Betts reached base in 66 straight regular-season games, plus five playoff games for a combined streak of 71 games.

Starting the year in Double-A last year, Betts raced through the minors to make his MLB debut on June 28. The transition included making the switch from second base to the outfield.

Some may look at Betts and then look to Jackie Bradley Jr. and Xander Bogaerts as prospects who struggled in their second year in the major leagues. But Betts performed much better than the other two in his first year in the majors, and he played in 58 games — much more time than the other two.

In 2013 (his first year), Bradley Jr. hit .189 in 95 at-bats with 31 strikeouts. Bogaerts in 2013 (his first year) didn't have much experience before the postseason, hitting .250 in 44 at-bats with 13 strikeouts. Betts outperformed them both, hitting .291 in 189 at-bats with 31 strikeouts last year.

Betts also trumps Bradley Jr. and Bogaerts based off of minor league success. Betts had a slash line of .313/.406/.465 in his four seasons in the minors. Bradley Jr.'s was .290/.394/.456 in his four seasons, while Bogaerts' was .296/.373/.489 in his four seasons.

Again, advantage Betts.

By the numbers

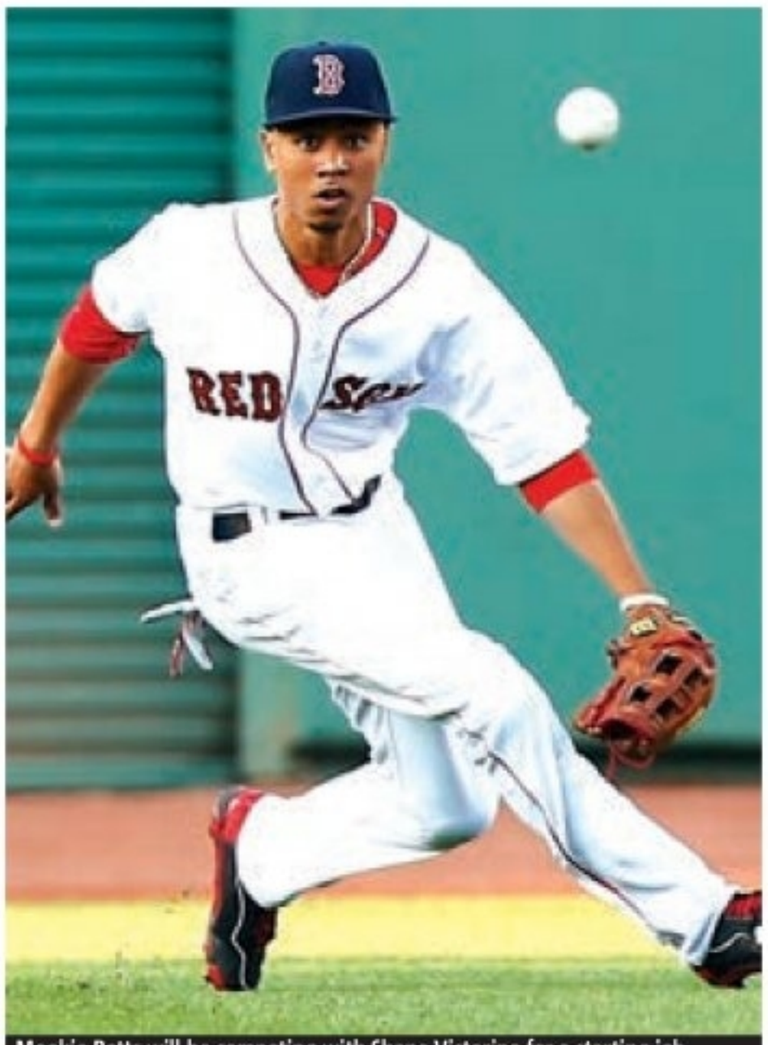
.313

Betts hit .313 in his four seasons in the minors and averaged a respectable .291 in the majors in 2014.

Yes, there is logjam in the Red Sox outfield with Betts seemingly competing with Shane Victorino for the starting right fielder's job. The 22-year-old is saying all the right things right now — he's still learning the position and whatever happens, happens, but in reality, the Red Sox should be finding a way to ensure Betts is on the Red Sox, and playing every day. One of manager John Farrell's top candidates to lead off, Betts is a prospect still growing and having him start the year in Triple-A would hurt his development.

Let's not forget the type of player Betts is — a potential star for the Red Sox. Not one to be traded for a 31-year-old pitcher.

RYAN HANNABLE
@RyanHannable
sports@metro.us



Mookie Betts will be competing with Shane Victorino for a starting job this spring ... unless he is traded beforehand. / GETTY IMAGES

NHL

Krejci hoping for April return

Bruins center David Krejci will be out the next four to six weeks with a partially torn MCL, but the Boston star told ESPN that he's determined to return to the lineup before the end of the regular season and in time for the Stanley Cup Playoffs (if the Bruins get there). "I'm kind of relieved that I know that I'll be back before the season is over," Krejci said. "Once I come back, I don't want to be the weak link."

Visit **Metro.us** to see where the B's land in our weekly NHL power rankings.

NBA power rankings | by James Toscano

No. 1

Warriors (43-10)

Three huge road games in Washington, Cleveland and Toronto will test this team. The hope is that Steph Curry, who missed his first game of the season with a sore right ankle, can play in them.

No. 2

Hawks (44-12)

A 25-point loss to the second-place Raptors knocks Atlanta from the top spot. Perhaps it was a kick in the butt after the All-Star break.

No. 3

Grizzlies (41-14)

Grit. Grind. Grizz. If they keep playing defense the way they have been, they're going to crush March and April.

No. 4

Blazers (36-19)

Portland needed to bulk up its bench and did so by trading for Arron Afflalo. Also of note, LaMarcus Aldridge has a thumb injury.

No. 5

Rockets (38-18)

The "James Harden for MVP" calls are becoming louder. Just ask Ricky Rubio, who may need his ankles iced after Harden's crossover on Monday.

No. 6

Raptors (37-19)

Sometimes the biggest risk is not taking one at all. The Raptors didn't budge at the trade deadline.

No. 7

Cavaliers (35-22)

They've gone 16-2 over their last 18 games. Yeah, I'd say they've figured it out. And adding Kendrick Perkins give them some size down low.

No. 8

Mavericks (38-20)

Nice get by the Mavs in Amar'e Stoudemire, who will provide a big boost off the bench. He can absolutely help on a title contender.

No. 9

Clippers (37-20)

The Clippers are actually scoring more points per game since Blake Griffin went down with a staff infection in his elbow.

No. 10

Bulls (36-21)

Jimmy Butler is playing through a thumb injury and Taj Gibson is toughing out a hand injury. The Bulls might be the toughest team in the East.

No. 11

Spurs (34-22)

Man, just 81 points in a loss to the Jazz on Monday? That isn't really the Spurs we've all come to know. They're looking like a seven or eight seed.

No. 12

Thunder (31-25)

The Thunder have won six in a row and now officially hold the eight seed. But what about Kevin Durant's foot?

No. 13

Suns (29-28)

Trading away Goran Dragic and Isaiah Thomas is one way to shake thing up. It's also going to make things more difficult for a fringe playoff team.

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National Champions to Be Crowned in Boston!

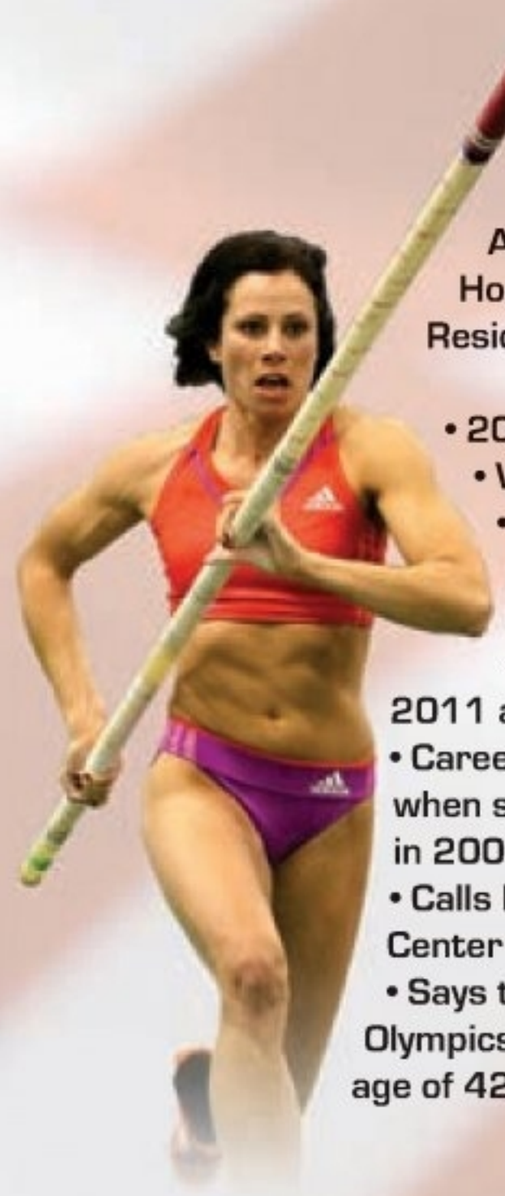
Olympic and World Championships medalists, American Record-holders, and the stars of tomorrow are headed to Boston for the **USATF Indoor Track & Field Championships** this weekend, so come in from the cold for some hot competition!

It all takes place on the new, faster Mondo Super X 720 track at the **Reggie Lewis Track and Athletic Center**, on the campus of Roxbury Community College, beginning Friday morning and concluding with a national broadcast on NBC Sports Network on Sunday afternoon.

Returning to Boston is a homecoming for these championships, which lit up "The Reggie" for seven consecutive years from 2003-2009 and thrilled fans with a series of World and American Records from the very beginning: In 2003, women's pole vault pioneer **Stacy Dragila** set the World Indoor Record, flying over the bar at a then-unprecedented 4.78 meters/15 feet-8.25 inches.

Other records set in Boston at the championships include **Erin Gilreath**'s World Indoor Record in the weight throw, an American Indoor Record time by the legendary **Gail Devers** in the 60 meter hurdles and, most recently, 2012 Olympic gold medalist **Jenn Suhr**'s then-American Record of 4.83 meters/15 feet-10 inches in the pole vault.

And let's not forget that just two years ago, with Albuquerque playing host to these championships, Suhr broke the World Indoor Record with a soaring jump of 5.02 meters/16 feet-5.50 inches—and she's planning to compete this weekend in Boston!



Jenn Suhr

Age: 33
Hometown: Fredonia, NY
Residence: Churchville, NY

- 2012 Olympic Champion
- World Indoor Record-holder
- 15-time USA Champion
- Top 11 jumps by an American woman in history
- Ranked #1 in the world, 2011 and 2012
- Career was launched in Boston when she won her first national title, in 2005
- Calls Boston and the Reggie Lewis Center "a second home"
- Says that if Boston gets the 2024 Olympics, she wants to compete at the age of 42!

Shannon Rowbury

Age: 30
Hometown: San Francisco, CA
Residence: Portland, OR

- 2009 World Championships Bronze Medalist, 1500m
- Two-time Olympian
- 6th, 2012 Olympics, best finish ever by American woman at 1500m
- American Record-holder, 2-Mile
- Ran 4:22.66 indoor mile earlier this season, only 2 seconds off Mary Slaney's American Record from 1982
- Now ranks as 5th-fastest indoor miler in history
- Former competitive Irish dancer; competed twice in its World Championships

John Trautmann

Age: 46
Hometown: Central Valley, NY
Residence: New York City, NY

- In high school, broke Steve Prefontaine's national 3000m record
- 1992 Olympian, 5000m
- In 2009, weighed 210 pounds
- Reunited with his Georgetown coach, Frank Gagliano, and lost 62 pounds
- Won Master's Mile at New Balance Indoor Grand Prix on Feb. 6 in Boston
- Broke 45-49 Age Group World Indoor Record for mile at Boston University on Feb. 15 in 4:12.33
- Will chase American Indoor Record at 1500m for Men 45-49

Alysia Montaño

Age: 28
Hometown: Canyon Country, CA
Residence: Berkeley, CA

- 2010 World Indoor Championships Bronze Medalist, 800m
- American Indoor Record-holder, 600m
- Fastest woman in the world at 800m in 2010
- 5-time USA Champion
- 5th, 2012 Olympics, 800m
- Known for wearing flower in her hair when she races
- Ran USA Outdoor Championships in 2014 while almost 8 months pregnant
- This will be her first major competition since giving birth to daughter Linnea in August

Tianna Bartoletta

Age: 29
Hometown: Elyria, OH
Residence: Tampa, FL

- 2005 World Champion, long jump
- 2006 World Indoor Champion, long jump
- 2012 Olympic Gold Medalist and World Record-holder, 4x100m relay
- 2-time World Indoor Championships Bronze Medalist, 60m
- 2014 USA Champion, 100m
- Ranked #3 in the World in long jump, #8 at 100m in 2014
- Named in 2012 to USA national bobsled team

Lopez Lomong

Age: 30
Hometown: Tully, NY
Residence: Portland, OR

- 2-time Olympian
- 3-time USA Champion
- Came to USA as a "Lost Boy of Sudan"
- Inspired by watching Michael Johnson compete in 2000 Olympics on a TV powered by a car battery in his refugee camp
- Flag-bearer for Team USA at 2008 Olympic Games
- 2012 Visa Humanitarian of the Year
- Author of "Running for My Life: One Lost Boy's Journey from the Killing Fields of Sudan to the Olympic Games"

Credit: Victah Sailer/PhotoRun.NET

TV Coverage

The USATF Indoor Championships will air live on NBCSN from 4 PM-6 PM Saturday and Sunday

Additional coverage on USATF.TV from 10 AM-4 PM Saturday and Sunday

Post-race coverage Saturday and Sunday at 6 PM on USATF.TV with "The Cool Down"

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2015 USATF Indoor Championships Schedule

Friday, Feb. 27

Time	Event
9:15AM-2:15PM	Men's Heptathlon/Women's Pentathlon

Saturday, Feb. 28 - FINALS

Time	Sex	Event
10:00AM	Men	Heptathlon 60m Hurdles
11:15AM	Women	20lbs Weight Throw
11:15AM	Men	Heptathlon Pole Vault
1:08PM	Men	2 Mile Racewalk
1:30PM	Men	Long Jump
2:52PM	Men	Heptathlon 1000m
3:20PM	Men	Pole Vault
3:45PM	Men	High Jump
3:50PM	Women	Long Jump
4:04PM	Women	Mile
4:10PM	Men	Shot Put
4:43PM	Women	300m
5:24PM	Men	300m
5:44PM	Men	2 Mile

Sunday, Mar. 1 - FINALS

Time	Sex	Event
11:15AM	Men	35lbs Weight Throw
1:40PM	Women	Triple Jump
2:35PM	Men	Masters 1500m
2:45PM	Women	Pole Vault
2:50PM	Women	Masters 300m
3:05PM	Women	2 Mile Racewalk
3:15PM	Women	High Jump
3:20PM	Women	Shot Put
4:00PM	Men	Triple Jump
4:05PM	Men	Mile
4:31PM	Women	600m
4:40PM	Men	600m
4:49PM	Women	1000m
4:59PM	Men	1000m
5:09PM	Women	2 Mile
5:25PM	Men	60m
5:34PM	Women	60m
5:44PM	Men	60m Hurdles
5:54PM	Women	60m Hurdles

Complete schedule including heats can be found at www.globalathletics.com/usindoors

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For more information about this opportunity, or to enroll your child
Call 617-412-4873 (office) or email guol@neco.edu

Additional information is at www.infocusstudy.com
* Other qualifications will be assessed by the study doctors/staff

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000640

ORDER OF NOTICE

TO:
Laverne L. Dickson aka Laverne Dickson

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act:, 50 U.S.C. App. §501 *et seq.:*

Santander Bank, N.A., formerly known as Sovereign Bank N.A., formerly known as Sovereign Bank

claiming to have an interest in a Mortgage covering real property in **Boston (Dorchester)**, numbered **16 Elwyn Road**, given by **Laverne L. Dickson aka Laverne Dickson** to **Sovereign Bank**, dated **February 27, 2004**,and recorded with the **Suffolk County Registry of Deeds** in Book **33906**, Page **29**, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before March 23, 2015 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on February 5, 2015

Attest:

Deborah J. Patterson
Recorder

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Special 44.25-59.25
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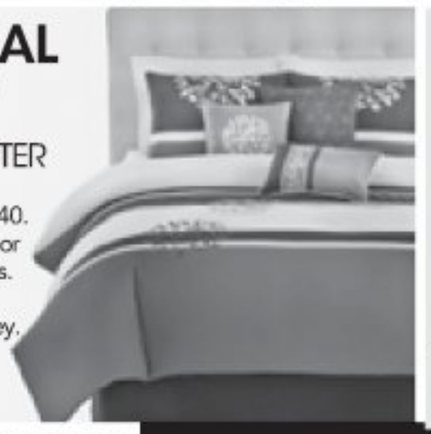

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